

**THE DIRECTION** ****

**54rd ZÁHORÁCKA DVADSIATKA**

**INTERNATIONAL RACE WALKING MEETING**

**ZÁHORÁCKA DVADSIATKA**

World Race Walking Tour – Bronze Level

Slovak National Championships 10km Men and Women

Slovak National Championships 5km Masters Men and Women

Race Walking Regional Championschips

**Organiser** ZÁHORÁCKA DVADSIATKA o.z. and Village Borský Mikuláš by authority of Slovak Athletics Federation

**LOC**

Chairman of LOC: Bc. Róbert MACEK

Competition Director: Ing. Roman GAZÁREK email: romangazarek68@gmail.com

Meeting Manager: Mgr. Dana GAŠPÁRKOVÁ mob.: +421911523424 email: gasparkovadana1@gmail.com

Technical Manager: Ing. Roman GAZÁREK

Head Referee: Ing. Jozef MALÍK

Technical delagate: Martin ŠKARBA

RW Chief Judge: Štefan MALÍK

RW Judge: Zuzana COSTIN, Orsolya GRUBER, Alexandru STEFAN, Silvia HANUSOVÁ,

Juraj MALÍK

**TIMETABLE**

16:00 Opening ceremony

16:15 Start of these races: 1 km boys U10

1 km girls U10

16:25 Start of these races: 1 km boys U12

1 km girls U12

16:30 Declaration of the results 1km

16:35 Start of these races: 2 km boys U14

2 km girls U14

16:55 Start of these races: 3 km boys U16

3km girls U16

17:15 Declaration of the results 2km, 3km

17:20 Start of these races: 5 km boys U18

5 km girls U18

5km the men´s masters (17.6.1988 and older)

5km the women´s masters (17.6.1988 and older)

18:00 Start these races: 10 km the mens (2002 and older)

10km the womens (2002 and older)

10km boys U20

10km girls U20

19:00 Declaration of the results 5km, 10km

**TECHNICAL INFORMATION**

**Entries**

By email to zahoracka20@gmail.com till 15st June 2023 to 12:00pm. The application must contain: Name,

Surname, Gender, Date of birth, Discipline, Club, Country and personal record.

**Check-in and Competition Office**

Competition office will be opened on Saturday 17th June 2022 from 1:30pm until the end of the competition in the building of the Elementary School Borský Mikuláš.

Each athlete has to be checked in on Saturday 17th June 2023 by 3:30pm.

**Entry fee.**

Each registered competitor will pay at the presentation. Entry fee for 10 km – 10,00 euros, 5 km – 5,00 euros,

3 km – 3,00 euros, 2 km – 2,00 euros, 1 km – 1,00 euro.

**Changing rooms and showers**

Changing rooms, showers and toilets will be available in the elementary school. The organiser is not responsible for any loss or damage to items left in those premises

**Athletes’ Participation**

All athletes participate on their own risk. They are liable for their health. Parents, coaches or team leaders are responsible for the health of the under aged athletes.

Start of the athlete using special health devices has to be communicated to the Competition director and the Referee before 3.30 pm.

Athletes can compete only over the distance outlined by the “Competition Range by SAF” of their age group

**Warm Up**

Warm up is allowed only outside of the competition area.

**Call Room**

All athletes have to report to call room according to timetable below.

|  |  |  |  |
| --- | --- | --- | --- |
| Categóry | First Call | Last Call | Leaving to Start |
| Boys and Girls U10 | 3:50pm | 4:10pm | 4:13pm |
| Boys and Girls U12 | 4:00pm | 4:20pm | 4:23pm |
| Boys and Girls U14 | 4:10pm | 4:30pm | 4:33pm |
| Boys and Girls U16 | 4:30pm | 4:50pm | 4:53pm |
| Boys and Girls U18  Masters | 4:55pm | 5:15pm | 5:17pm |
| Men and Women U20  Senior Men and Women | 5:35pm | 5:55pm | 5:57pm |

**Bibs**

Competitors or team leaders receive two starting numbers during the presentation. Chips will be issued in the call room.

**Course**

Certified course – asphalt surface - 1000m long lap.

U10, U12 and U14 categories will compete on 500m long lap.

**Rules and regulations**

Competition is held under the Rules of the WA, WRWT and the regulations outlined in this document. Pursuant to the Rules of Athletics, race walking rule no. 54.7.3. (Penalty zone) with the exception of 1km.

**Prizes**

First three athletes in category Senior Men - prizemoney (300–200–100€) plus non-financial prizes.

First three athletes in category Senior Women - prizemoney (300–200–100€) plus non-financial prizes.

First three athletes in other categories non-financial prizes.

Bonus for breaking course record 39:31 at 10 km men is 100 €.

Bonus for breaking course record 42:57 at 10 km women is 100 €.

**Team leading**

Team leading is organized by athlete’s club or national athletic federation.

**Doping control**

Doping control will be carried out by Slovak Antidoping Agency according to WA and WRWT rules.

**Protests and Appeals**

Protests concerning the results or conduct of an event shall be made orally to the referee immediately, the latest 30min after the official announcement of the results of the relevant event. An appeal against referee’s decision has to be submitted in written to jury of appeal within 30min of Referee’s decision being communicated to those making the protest.



**MEETING REKORD.**

U10 1km

5:05 Filip KRESTIANKO Dukla Banská Bystrica SVK 2014

5:05 Michal BENČÍK ŠK BCF Dukla Banská Bystrica SVK 2021

5:05 Dominika PERNICKÁ ŠK BCF Dukla Banská Bystrica SVK 2019

U12 1km

4:42 Dominika PERNICKÁ ŠK BCF Dukla Banská Bystrica SVK 2021

4:35 Vladimir SAVANOVIČ Nevena Leskovac YUG 1996

U14 2km

9:25 Lena LAUNIKONYTE Birštonas LTU 1994

9:22 Miroslav MRÁZ UMB Banská Bystrica SVK 1994

U16 3km

13:41 Edina FŰSTI DIAC Ózd HUN 1997

13:19 Detlef BRETAG Dynamo Eisenhűttenstadt GER 1981

U18 5km

24:18 Emilia GREZIAK POL 2015

21:30 Radovan ELKO OŠG Košice SVK 1997

21:30 Miroslav MRÁZ UMB Banská Bystrica SVK 1998

U18 10km

44:40 Jiří CHALOUPKA CZE 2002

50:47 Zuzana MALÍKOVÁ TJ Lokomotíva Šurany SVK 2000

U20 5km

23:27 Eszter GERENDASI HUN 2004

U20 10km

47:05 Zuzana MALÍKOVÁ TJ Lokomotíva Šurany SVK 2001

41:23 Jose ORTIZ FLOREZ GUA 2019

Womens 5km

22:16 Viktoria MADARASZ HUN 2014

Womens 10km

42:57 Ljudmyla OLYANOVSKA Ukrajina UKR 2022

Womens 20km

1:38:24 Tatiana RAGOZINA Ukrajina UKR 2000

Mens 10km

39:31 Ján ZÁHONČÍK Dukla Banská Bystrica SVK 1992

39:31 Callum WILKINSON GBR 2019

Mens 20km

1:21:42 Roman MRÁZEK Dukla Banská Bystrica SVK 1987

Masters 5km

26:51 Carmen GARCIA ESP 2003

21:17 Bohdan BULAKOWSKI Skra Warszawa POL 1990

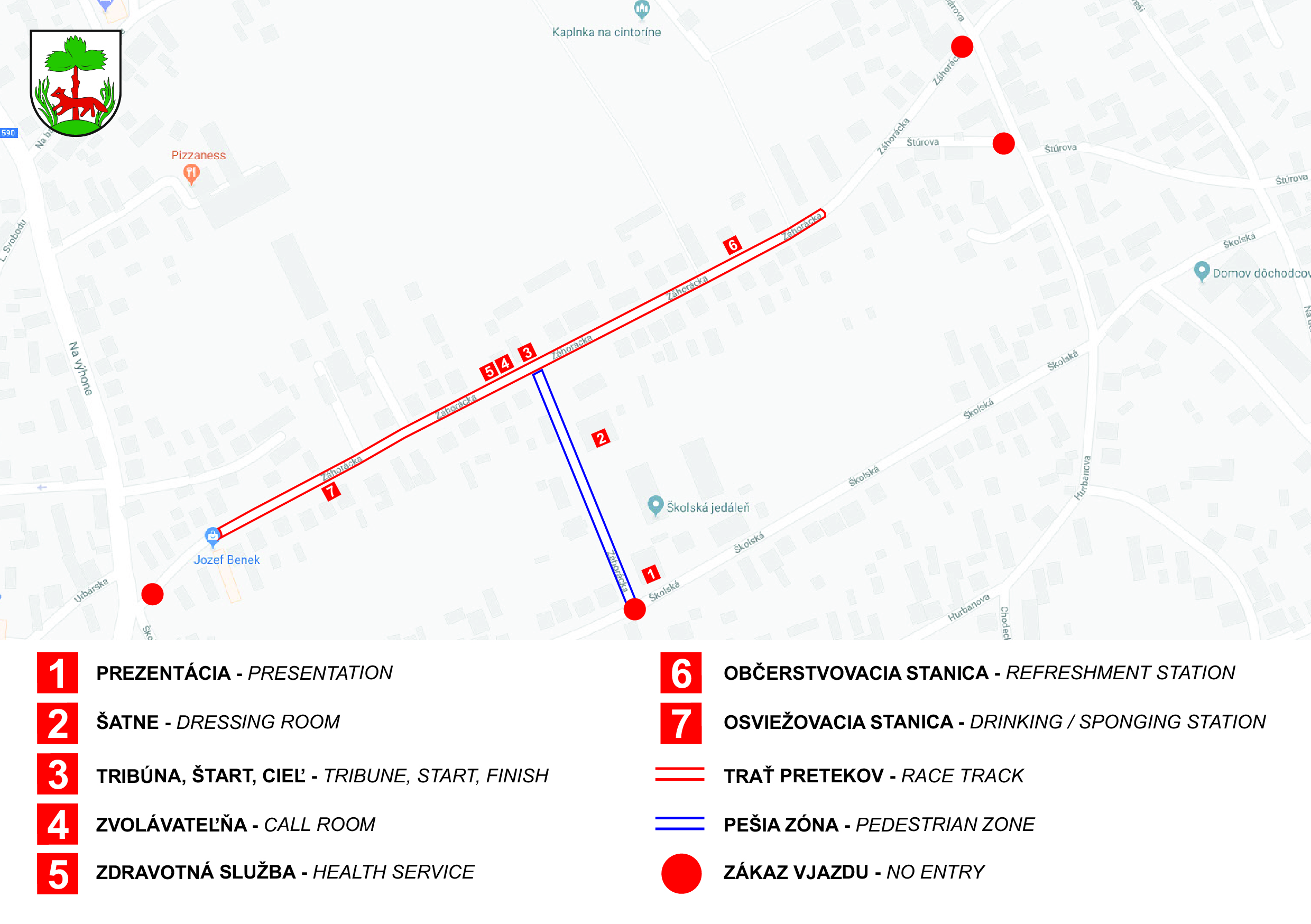
Masters Mens 10km

43:28 Milan RÍZEK AŠK Skalica - Team snov SVK 2014

Masters 20km

1:27:19 Alexander RAKOVIČ SRB 2004

1:38:43 Tatiana RAGOZINA UKR 2000





**DOMINIK ČERNÝ**

ŠK Dukla o.z. Banská Bystrica

53rd Záhorácka dvadsiatka

Winner of the men's 10km category



**LJUDMYLA OLYANOVSKA**

Ukraine

53rd Záhorácka dvadsiatka

Winner of the women's 10km category

